

**WEBSITE USAGE TERMS AND CONDITIONS,
COOKIE POLICY AND PRIVACY POLICY**

1 WEBSITE USAGE TERMS AND CONDITIONS

1.1 Welcome to our website. If you continue to browse and use this website, you are agreeing to comply with and be bound by the following terms and conditions of use, which together with our privacy policy govern our relationship with you in relation to this website. If you disagree with any part of these terms and conditions, please do not use our website.

1.2 The term 'Raj Verdi' or 'www.rajverdi.co.uk' or 'us' or 'we' refers to the owner of the website. The term 'you' refers to the user or viewer of our website.

1.3 The use of this website is subject to the following terms of use:

- (a) The content of the pages of this website is for your general information and use only. It is subject to change without notice.
- (b) This website uses cookies to monitor browsing preferences. If you do allow cookies to be used, the personal information may be stored by us for use by third parties.
- (c) Neither we nor any third parties provide any warranty or guarantee as to the accuracy, timeliness, performance, completeness or suitability of the information and materials found or offered on this website for any particular purpose. You acknowledge that such information and materials may contain inaccuracies or errors and we expressly exclude liability for any such inaccuracies or errors to the fullest extent permitted by law.
- (d) Your use of any information or materials on this website is entirely at your own risk, for which we shall not be liable. It shall be your own responsibility to ensure that any products, services or information available through this website meet your specific requirements.
- (e) This website contains material which is owned by us. This material includes, but is not limited to, the design, layout, look, appearance and graphics. Reproduction is prohibited other than in accordance with the copyright notice, which forms part of these terms and conditions.
- (f) All trademarks reproduced in this website, which are not the property of, or licensed to the operator, are acknowledged on the website.
- (g) Unauthorised use of this website may give rise to a claim for damages and/or be a criminal offence.
- (h) From time to time, this website may also include links to other websites. These links are provided for your convenience to provide further information. They do not signify that we endorse the website(s). We have no responsibility for the content of the linked website(s).
- (i) Your use of this website and any dispute arising out of such use of the website is subject to the laws of England, Northern Ireland, Scotland and Wales.
- (j) Medical Disclaimer:
 - (i) This website is for informational purposes only.

- (ii) Medical problems particularly of a serious nature should be treated by a doctor in person and/or a doctor's referral sought.
- (iii) Please see your doctor for professional diagnosis and treatment for any medical conditions you may have.
- (iv) I practice massage modalities, gentle manipulation and energy work.
- (v) I do not practice chiropractic or osteopathy.

2 **COOKIE POLICY FOR WWW.RAJVERDI.CO.UK**

2.1 This is the Cookie Policy for www.rajverdi.co.uk.

(a) **What Are Cookies**

As is common practice with almost all professional websites this site uses cookies, which are tiny files that are downloaded to your computer, to improve your experience. This page describes what information they gather, how we use it and why we sometimes need to store these cookies. We will also share how you can prevent these cookies from being stored however this may downgrade or 'break' certain elements of the sites functionality.

(b) **How We Use Cookies**

We use cookies for a variety of reasons detailed below. Unfortunately in most cases there are no industry standard options for disabling cookies without completely disabling the functionality and features they add to this site. It is recommended that you leave on all cookies if you are not sure whether you need them or not in case they are used to provide a service that you use.

(c) **Disabling Cookies**

You can prevent the setting of cookies by adjusting the settings on your browser (see your browser Help for how to do this). Be aware that disabling cookies will affect the functionality of this and many other websites that you visit. Disabling cookies will usually result in also disabling certain functionality and features of this site. Therefore it is recommended that you do not disable cookies.

(d) **The Cookies We Set**

Forms related cookies When you submit data to through a form such as those found on contact pages or comment forms cookies may be set to remember your user details for future correspondence.

(e) **Third Party Cookies**

- (i) In some special cases we also use cookies provided by trusted third parties. The following section details which third party cookies you might encounter through this site.
- (ii) From time to time we test new features and make subtle changes to the way that the site is delivered. When we are still testing new features these cookies may be used to ensure that you receive a consistent experience whilst on the

site whilst ensuring we understand which optimisations our users appreciate the most.

(f) **More Information**

Hopefully that has clarified things for you and as was previously mentioned if there is something that you aren't sure whether you need or not it's usually safer to leave cookies enabled in case it does interact with one of the features you use on our site.

3 **PRIVACY POLICY OF WWW.RAJVERDI.CO.UK**

3.1 Raj Verdi operates the www.rajverdi.co.uk website.

3.2 This page is used to inform website visitors regarding our policies with the collection, use, and disclosure of Personal Information if anyone decided to use our website.

3.3 If you choose to use our website, then you agree to the collection and use of information in relation with this policy. The Personal Information that we collect are used for providing and improving the website experience. We will not use or share your information with anyone except as described in this Privacy Policy.

3.4 The terms used in this Privacy Policy have the same meanings as in our Website Usage Terms and Conditions, unless otherwise defined in this Privacy Policy.

(a) Information Collection and Use For a better experience while using our website, we may require you to provide us with certain personally identifiable information, including but not limited to your name, phone number, and postal address. The information that we collect will be used to contact or identify you.

(b) Log Data We want to inform you that whenever you visit our website, we collect information that your browser sends to us that is called Log Data. This Log Data may include information such as your computer's Internet Protocol ("IP") address, browser version, pages of our website that you visit, the time and date of your visit, the time spent on those pages, and other statistics.

(c) Cookies Cookies are files with small amount of data that is commonly used an anonymous unique identifier. These are sent to your browser from the website that you visit and are stored on your computer's hard drive.

(d) Our website uses these "cookies" to collect information and to improve our website. if you choose to refuse our cookies, you may not be able to use some portions of our website.

(e) Website Providers We may employ third-party companies and individuals due to the following reasons:

- (i) To facilitate our website;
- (ii) To provide the website on our behalf;
- (iii) To perform website-related services; or
- (iv) To assist us in analysing how our website is used.

- (f) We want to inform our website users that these third parties have access to your Personal Information. The reason is to perform the tasks assigned to them on our behalf. However, they are obligated not to disclose or use the information for any other purpose.
- (g) Security We value your trust in providing us your Personal Information, thus we are striving to use commercially acceptable means of protecting it. But remember that no method of transmission over the internet, or method of electronic storage is 100% secure and reliable, and we cannot guarantee its absolute security.
- (h) Links to Other Sites Our website may contain links to other sites. If you click on a third-party link, you will be directed to that site. Note that these external sites are not operated by us. Therefore, we strongly advise you to review the Privacy Policy of these websites. We have no control over, and assume no responsibility for the content, privacy policies, or practices of any third-party sites or services.
- (i) Children's Privacy Our website does not address anyone under the age of 13. We do not knowingly collect personal identifiable information from children under 13. In the case we discover that a child under 13 has provided us with personal information, we immediately delete this from our servers. If you are a parent or guardian and you are aware that your child has provided us with personal information, please contact us so that we will be able to do necessary actions.
- (j) Changes to This Privacy Policy We may update our Privacy Policy from time to time. Thus, we advise you to review this page periodically for any changes. We will notify you of any changes by posting the new Privacy Policy on this page. These changes are effective immediately, after they are posted on this page.
- (k) Contact Us If you have any questions or suggestions about our Privacy Policy, do not hesitate to contact us.